

# **COMMISSIONING POLICY**

## **Dilation of Cervix Uteri & Curettage of Uterus (‘D & C’) for menorrhagia**

**April 2011**

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## **SUMMARY**

Birmingham & Solihull Commissioning Cluster does not usually fund Dilation of Cervix Uteri & Curettage of Uterus ('D & C') for menorrhagia

An electronic copy of this Commissioning Policy is available on the Cluster's website at the following address:

<https://www.sbpct.nhs.uk/bham-and-solihull-cluster/individual-funding-requests.aspx>

### **1. Background:**

Dilatation and Curettage is a procedure in which the lining of the womb (the endometrium of the uterus) is scraped away. It should not be used routinely for the diagnosis or treat menorrhagia (heavy menstrual bleeding).

NICE clinical guidelines published in 2007 should be followed, with extensive use of pharmaceutical management e.g. levonorgestrel-releasing intrauterine system (LNG-IUS).

### **2. Criteria for eligibility:**

The Birmingham & Solihull Commissioning Cluster will only fund Dilation of Cervix Uteri & Curettage of Uterus when either:

- (i) The full range of pharmaceutical options to treat heavy menstrual bleeding has been pursued and failed or
- (ii) There suspicion of underlying pathology e.g. uterine cancer, hyperplasia, fibroids indicated by one or more of the following:
  - an abdominally palpable uterus (more than a 10 week pregnancy)
  - a mass palpable on vaginal examination
  - postcoital bleeding
  - persistent intermenstrual bleeding
  - significant change in blood loss
  - dyspareunia
  - dysmenorrhoea
  - pelvic pain, tenderness or pressure symptoms
  - severe anaemia

### **3. Implementation**

Emergency care patients and patients with suspected cancer are excluded. No request for treatment in these circumstances is required but the provider

will be expected to demonstrate the clinical need as part of the payment verification process. This will be undertaken on the Cluster's behalf by HCS.

The agreed implementation process defined within the acute services contract for your trust should be followed.

**4. Procedures covered by Policy include:**

OPCS Codes (One of)

Q103	CURETTAGE OF UTERUS	DILATION OF CERVIX UTERI AND CURETTAGE OF UTERUS NEC
Q108	CURETTAGE OF UTERUS	OTHER SPECIFIED
Q109	CURETTAGE OF UTERUS	UNSPECIFIED

AND ICD-10 Codes (One of)

N920	Excessive and frequent menstruation with regular cycle
N921	Excessive and frequent menstruation with irregular cycle
N922	Excessive menstruation at puberty
N924	Excessive bleeding in the premenopausal period