

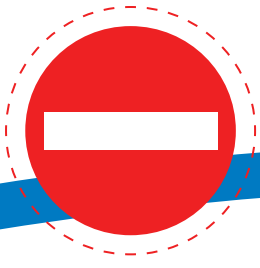
Advice and further guidance:

In some cases other treatment options will be available, such as medication to adjust a hormone imbalance.

For more information search for 'male breast reduction' at www.nhs.uk



Treatment policy for patients covered by NHS Solihull, Birmingham CrossCity and Birmingham South Central Clinical Commissioning Groups.



Not normally funded
Enlarged Male Breasts (gynaecomastia)

What are enlarged male breasts?

Enlarged male breasts, sometimes referred to as 'man boobs' (gynaecomastia) is a common condition that causes boys' and mens' breasts to swell and become larger than normal.

It is most common in teenage boys and older men, although it may occur at any time and there are a number of causes. It may occur due to hormonal imbalance linked to factors including obesity.

Not normally funded treatment or procedure:

Surgery for enlarged male breasts to improve appearance alone is not usually funded by the patient's local NHS commissioning organisation. This is because surgery for reduction of male breast tissue is deemed to be a cosmetic procedure.

If a physical examination raises suspicion of cancer, then an urgent referral for further investigation would be made.

The clinician in charge of the care of the patient's specific condition, usually a hospital doctor, can assist the application, if there is exceptional clinical need for the treatment to be funded. The patient's clinician must evidence clinical exceptionality and must be supported by the patient's local NHS commissioning organisation.

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